



教育图书



功能学具



学生之家

基础教育行业专研品牌

30<sup>+</sup>年专注教育行业

# 全品学练考

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练习册

高中英语

选择性必修第二册 WY

## 01

### 培养核心素养，探究主题意义

## Unit 1 Growing up

### 主题素养积累

As children, we all dream of what we want to be when we **grow up**. Often, many young children will say that they want to be actors, singers, pop stars or models. Some will say that they want to become teachers, firefighters, or police officers. Others want to be astronauts, scientists or explorers.

When I was young, I wanted to be a fashion designer. I went to London Fashion Weekend and the Clothes Show Live in Birmingham and worked very hard at school to get good grades. Firstly, I applied to study fashion design at university. When I got there, I hated the courses. For some reason, which is still unknown to me, I no longer wanted to become part of the fashion industry.

I now study French. **I'm twenty, which many children would say is "grown-up", yet I still don't know what I want to do when I finish university.** This year, I have been working as a language assistant. Over the past seven months, I've taught English to hundreds of students. The best part, as clichéd as it may seem, has been seeing these students' progress.

**hopefully figuring out if it's something I would like to do more of in the future.**

I think that our choices can be heavily influenced by our parents. Some parents only want their children to study subjects like engineering, maths, science or medicine. Young people may be pressured into studying certain subjects, which can be stressful.

At the end of the day, there's no rush to decide what you want to do with the rest of your life. Many people change careers several times during their lifetime, so there's always time to pursue a different career path!

#### 【主题词句背诵】

1. grow up 长大
2. look forward to 盼望
3. try out 试验, 尝试
4. figure out 弄明白
5. **I'm twenty, which many children would say is "grown-up", yet I still don't know what I want to do when I finish university.**

我二十岁了,很多孩子会说这是“长大了”,但我仍然不知道大学毕业后我想做什么。

## 02

### 夯实语言基础，搭建知识框架

#### 词汇点睛

**1. in charge of** 负责;掌管;照料(表状态)  
(教材 P2) Will you be completely **in charge of** your own life and able to express yourself in new and exciting ways?

你将会完全负责你自己的生活,并能够以新的、令人兴奋的方式表达自己吗?

- |                                       |                            |
|---------------------------------------|----------------------------|
| (1) charge <i>n.</i>                  | 主管;要价,收费;指控;<br>充电量,电荷     |
| take charge of...                     | 掌管/负责……(表动作)               |
| in the charge of sb = in one's charge | 由某人负责;由某人照料                |
| free of charge                        | 免费                         |
| (2) charge <i>v.</i>                  | 收费;指控;充电;猛攻;<br>猛冲;向……方向冲去 |
| charge sb (some money) for sth        |                            |

#### 句型透视

**1. (教材 P3) I expected to feel instantly different, as if I had closed the door on my childhood and stepped into a whole new adult world.** 我曾经期待马上就会有不一样的感觉,就好像我关上了童年的门,走进了一个全新的成人世界。

#### 句型公式

as if (= as though) 引导方式状语从句

#### 【句式点拨】

as if 既可以引导方式状语从句,也可以引导表语从句,意为“仿佛,好像”。as if 从句所表示的情况是事实或具有很大可能性时,通常用陈述语气;当其所表示的情况不是事实,而是主观的想象或夸大性的比喻时,通常用虚拟语气,其从句时态变化如下:

## 课内基础巩固

## ① 单词拼写(每小题1分,满分4分)

1. True \_\_\_\_\_ (美德) lie in kindness and honesty, and **integrity** makes a person trusted by all around them forever.
2. I explained to him that an \_\_\_\_\_ (救护车) would be arriving **instantly** at the scene of the accident.
3. If you want to run shops, you must get proper \_\_\_\_\_ from official departments legally.
4. Due to his daily practice and effort, there has been a **g** \_\_\_\_\_ improvement in his English skills.

## ② 单句填空(每小题1.5分,满分12分)

1. Her \_\_\_\_\_ (selfish) act of donating

despite her busy schedule at work.

7. If you could come, there is no need for you to take food but you'd better wear sports shoes and \_\_\_\_\_ (suit) clothes.
8. We need to get our teacher's \_\_\_\_\_ (approve) before we hold the English corner in our classroom.

## ③ 短语填空(每小题2分,满分10分)

1. The company belongs to everyone, so all of us \_\_\_\_\_ (有发言权).
2. You must stay calm \_\_\_\_\_ (驾驶汽车) and at a **minimum** follow all basic traffic rules very strictly.
3. Officials \_\_\_\_\_ (负责) the camps say the system is now running

## 课后素养提升

## ④ 阅读理解(每小题2.5分,满分10分)

[2026·广东韶关高二期末]

I didn't expect that learning to ride a bike again would feel so much like learning to live. When I first arrived at Stanford, the bikes on the road moved at their own pace—riding was part of campus rhythm, a symbol of balance, speed and self-direction. Back home in Guyana, though, bikes were different: their baskets filled with fruits, bags and books, carrying the weight of daily life.

I'd rarely ridden my bike in Guyana, but at Stanford, grasping my new bike's handles and practising circles in the sloping parking lot felt like learning to walk again—this time, in a crowd, where one mistake could knock over others. As an international student, I had

class like a ride; adjust pace, pedal hard when needed, coast (惯性滑行) when possible.

Now, each ride gets easier, each day steadier. And as I pedal between these two worlds—one foot in memory, the other in motion—I appreciate the value of my training wheels. Riding a bicycle along the road of life is the act of moving, falling and rising again—always forward, always learning to ride.

- ( ) 1. What can we learn about the author from the first two paragraphs?
- A. He had great interest in riding bikes.
  - B. He always lost balance and knocked others.
  - C. He enjoyed filling his bike with daily items.
  - D. He got comfort from student assistants' help.

## ① 写作

## 第一节 应用文写作(满分15分)

[2026·河北保定高二期末]

经过一个学期的劳作,你班的试验田项目已圆满结束。请在班级墙报的英语角写一篇英语短文,内容包括:

1. 简述班级试验田取得的主要成果(作物收获、观察发现等);
2. 分享你的个人感受。

注意:写作词数应为80个左右。

**Our class garden: a journey of growth**

\_\_\_\_\_

\_\_\_\_\_

## 第二节 读后续写(满分25分)

[2026·安徽阜阳高二期末]

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

One sunny afternoon, 8-year-old Leo was running after a colourful butterfly around the neighbourhood. He laughed as he ran faster, his eyes fixed on the moving wings. He was so caught up in the game that he didn't notice where he was going. Near the neighbour's yard, he tripped over a small stone and crashed right into Mrs Lee's potted sunflowers—her favourite ones.

# CONTENTS 目录

## 01 Unit 1 Growing up

Period One	Starting out & Understanding ideas	001
Period Two	Using language	004
Period Three	Developing ideas	007
Period Four	Writing	010
▶ 单元小测 (Unit 1)		013

## 02 Unit 2 Improving yourself

Period One	Starting out & Understanding ideas	016
Period Two	Using language	019
Period Three	Developing ideas	022
Period Four	Writing	025
▶ 单元小测 (Unit 2)		028

## 03 Unit 3 Times change!

Period One	Starting out & Understanding ideas	031
Period Two	Using language	034
Period Three	Developing ideas	037
Period Four	Writing	040
▶ 单元小测 (Unit 3)		043

## 04 Unit 4 Breaking boundaries

Period One	Starting out & Understanding ideas	046
Period Two	Using language	049
Period Three	Developing ideas	052
Period Four	Writing	055
▶ 单元小测 (Unit 4)		058

## 05 Unit 5 A delicate world

Period One	Starting out & Understanding ideas	061
Period Two	Using language	064
Period Three	Developing ideas	067
Period Four	Writing	070
◆ 单元小测 (Unit 5)		073

## 06 Unit 6 Survival

Period One	Starting out & Understanding ideas	076
Period Two	Using language	079
Period Three	Developing ideas	082
Period Four	Writing	085
◆ 单元小测 (Unit 6)		088

## M 默写本

课文助读	默 001
Unit 1 Growing up	默 017
Unit 2 Improving yourself	默 019
Unit 3 Times change!	默 021
Unit 4 Breaking boundaries	默 023
Unit 5 A delicate world	默 025
Unit 6 Survival	默 027
参考答案	默 029

■ 参考答案 (练习册) [另附分册 P091~P114]

■ 导学案 [另附分册 P115~P192]

## >> 测 评 卷

单元素养测评卷 (一) [Unit 1]	卷 001
单元素养测评卷 (二) [Unit 2]	卷 005
单元素养测评卷 (三) [Unit 3]	卷 009
单元素养测评卷 (四) [Unit 4]	卷 013
单元素养测评卷 (五) [Unit 5]	卷 017
单元素养测评卷 (六) [Unit 6]	卷 021
参考答案	卷 025

# Unit 1 Growing up

★ 提示：加底纹词汇为复现词汇

## Period One Starting out & Understanding ideas

### 课内基础巩固

#### ❶ 单词拼写(每小题 1 分, 满分 4 分)

1. True \_\_\_\_\_ (美德) lie in kindness and honesty, and integrity makes a person trusted by all around them forever.
2. I explained to him that an \_\_\_\_\_ (救护车) would be arriving instantly at the scene of the accident.
3. If you want to run shops, you must get proper \_\_\_\_\_ from official departments legally.
4. Due to his daily practice and effort, there has been a \_\_\_\_\_ improvement in his English skills.

#### ❷ 单句填空(每小题 1.5 分, 满分 12 分)

1. Her \_\_\_\_\_ (selfish) act of donating books to the local library has inspired many in the community to contribute in their own ways.
2. He has not yet announced whether he will stand in this \_\_\_\_\_ (elect).
3. Taking an \_\_\_\_\_ (legal) loan can lead to serious financial and legal problems, which will harm your credit and peace of mind.
4. She didn't want to \_\_\_\_\_ (obey) her parents' wishes, but she felt that pursuing her dreams was the right path to follow.
5. The \_\_\_\_\_ (library) appreciated her job's wage, which allowed her to support her family while she was developing a love for reading.
6. She made a \_\_\_\_\_ (commit) to keep the household running smoothly

despite her busy schedule at work.

7. If you could come, there is no need for you to take food but you'd better wear sports shoes and \_\_\_\_\_ (suit) clothes.
8. We need to get our teacher's \_\_\_\_\_ (approve) before we hold the English corner in our classroom.

#### ❸ 短语填空(每小题 2 分, 满分 10 分)

1. The company belongs to everyone, so all of us \_\_\_\_\_ (有发言权).
2. You must stay calm \_\_\_\_\_ (驾驶汽车) and at a minimum follow all basic traffic rules very strictly.
3. Officials \_\_\_\_\_ (负责) the camps say the system is now running extremely well.
4. The company \_\_\_\_\_ (为……负责) the environmental damage and committed to a full cleanup and restoration.
5. I \_\_\_\_\_ (醒来) suddenly at midnight and heard a soft knock coming from the old wooden door outside.

#### ❹ 句型训练(每小题 4 分, 满分 8 分)

1. He had a thick moustache and long white hair, which sometimes stood on end \_\_\_\_\_ an electric shock. (receive)  
他留着浓密的胡子和长长的白发, 白发有时会竖起来, 好像他刚刚触电一样。
2. I \_\_\_\_\_ the paper on time yesterday, for which my teacher praised me. (强调谓语)  
我昨天确实按时交了卷子, 老师还因此表扬了我。

Ⅶ 阅读理解(每小题 2.5 分,满分 10 分)

[2026·广东韶关高二期末]

I didn't expect that learning to ride a bike again would feel so much like learning to live. When I first arrived at Stanford, the bikes on the road moved at their own pace—riding was part of campus rhythm, a symbol of balance, speed and self-direction. Back home in Guyana, though, bikes were different; their baskets filled with fruits, bags and books, carrying the weight of daily life.

I'd rarely ridden my bike in Guyana, but at Stanford, grasping my new bike's handles and practising circles in the sloping parking lot felt like learning to walk again—this time, in a crowd, where one mistake could knock over others. As an international student, I had “invisible training wheels”: student assistants stayed nearby, steadying me before I lost my balance. Yet beneath the comfort, my unease continued—I longed for the thrill of moving on my own.

At first, I hung on to every helping hand, memorizing maps and double-checking assignments. But a mistake taught me a hard lesson: riding back from class, I almost turned left, only to catch strangers' confused stares and spot the lane arrow pointing right. I wasn't home anymore and I needed to adapt.

I realized then that maybe the training wheels aren't the problem. Maybe they're part of the process, the stage between being guided and being free. Every fall teaches me to shift weight, stay in lane, and watch for others—lessons I applied to academics too. In Guyana, education was structured; at Stanford, knowledge was an open road. Liberal education felt like too much to handle, like pedaling uphill to West Campus, but I learned to treat each

class like a ride: adjust pace, pedal hard when needed, coast (惯性滑行) when possible.

Now, each ride gets easier, each day steadier. And as I pedal between these two worlds—one foot in memory, the other in motion—I appreciate the value of my training wheels. Riding a bicycle along the road of life is the act of moving, falling and rising again—always forward, always learning to ride.

- ( ) 1. What can we learn about the author from the first two paragraphs?
- He had great interest in riding bikes.
  - He always lost balance and knocked others.
  - He enjoyed filling his bike with daily items.
  - He got comfort from student assistants' help.
- ( ) 2. Why did the author almost turn left when riding back from class at Stanford?
- He was used to the traffic in Guyana.
  - He intended to confuse the strangers.
  - He followed the lane arrows mistakenly.
  - He wanted to take a shortcut to the dorm.
- ( ) 3. What does the author think of “training wheels”?
- They are a sign of weakness.
  - They are necessary for growth.
  - They limit his wish for freedom.
  - They make riding faster and safer.
- ( ) 4. Which is the most suitable title for the text?
- My new campus life at Stanford
  - The challenges of being an international student
  - Riding differences: between Guyana and Stanford
  - Riding through transition: from Guyana to Stanford

Ⅶ 阅读七选五(每小题 2.5 分,满分 12.5 分)

[2026·湖南永州高二期末]

Handling criticism well is an important life skill. Though it can be painful to receive negative feedback, learning how to respond positively and use constructive criticism for personal growth is key. 1. \_\_\_\_\_ But rather than lashing out (抨击), follow these steps:

**Breathe and be logical.** Take some deep breaths and set your emotions aside. Focus on understanding the criticism with the purpose of learning from it. Criticism should be about your work, not about you as a person, so try not to take it personally. You also don't need to agree with the criticism. 2. \_\_\_\_\_

3. \_\_\_\_\_ Say, "I want to be sure I understand." Then repeat what you heard. By doing so, the speaker can reconsider or clarify their words. This prevents misunderstandings and helps the speaker feel heard and understood.

**Express gratitude.** Most people find giving negative feedback uncomfortable. It takes time and energy for someone to pay attention to your work, note areas for improvement and tell you about it. 4. \_\_\_\_\_ Just thank them by saying, "Thank you for sharing your insights."

**Take criticism lightly.** What if the criticism is mean or lacks accuracy? Although most criticisms have at least a grain of truth to them, they don't always. If someone is overly critical or the criticism does not reflect reality, recognize that their criticism is about them, not you. In this case, it's wise to downplay their criticism. 5. \_\_\_\_\_ If they continue to criticize, you can say, "I have heard you. I'd like to change the subject now." If the person persists, you can politely end the conversation and move on.

- A. Restate the criticism.
- B. Listen carefully before you respond.
- C. Remember to defend your original ideas.
- D. Simply try to understand the speaker's

perspective.

- E. Criticism can sometimes cause you to feel defensive.
- F. So it's important to acknowledge their effort and courage.
- G. For example, you might choose to smile politely and not engage further.

Ⅷ 语法填空(每小题 1.5 分,满分 15 分)

[2026·福建福州高二期末]

With autumn coming, You Liujin, a devoted nature education teacher, is ready to guide city children on a trip to the forests of Daxi Village. There, they collect fallen leaves, persimmon (柿子) stems and bark (树皮) 1. \_\_\_\_\_ (make) creative crafts from nature.

In 2019, You, the owner of a crafts shop in Fuzhou, first visited this quiet village in Yongtai County, known 2. \_\_\_\_\_ Fuzhou's "backyard garden". Surrounded by mountains, she discovered many natural 3. \_\_\_\_\_ (material) such as pine cones, bamboo and persimmons that city children rarely see. They 4. \_\_\_\_\_ (give) her inspiration to build an immersive educational place. Now she has turned 5. \_\_\_\_\_ old building into a camp combining nature study, crafts and food art. On the first floor, various seeds and natural objects 6. \_\_\_\_\_ (display) to attract children's curiosity. With a map in hand, they explore the village, searching for pine cones and dried leaves, 7. \_\_\_\_\_ learning that chestnuts grow on trees that are hundreds of years old. You often join the children to visit farmers and learn about rural life. "The hard-working people and 8. \_\_\_\_\_ (peace) nature made me want to stay," she said. Villagers, once puzzled by her collecting leaves, now 9. \_\_\_\_\_ (proud) share nature's beauty with her.

Thanks to these efforts, Daxi has become a lively place for learning and eco-tourism, 10. \_\_\_\_\_ children and villagers grow together in joy.

班级

姓名

题号 答题区

阅读理解

1

2

3

4

七选五

1

2

3

4

5

## Period Two Using language

### 课内基础巩固

#### ❶ 单句填空(每小题 1.5 分, 满分 12 分)

1. I am going on a dream vacation to Hawaii. While you are doing household chores, I \_\_\_\_\_ (lie) on a sunny beach.
2. It is a wonderful occasion which we \_\_\_\_\_ (cherish) for many years to come.
3. I \_\_\_\_\_ (have) a science class at 2 o'clock tomorrow afternoon, so I can't attend the basketball practice.
4. At 9:00 am next Sunday, I \_\_\_\_\_ (listen) to some renowned doctors talking about organ donation.
5. If you plant watermelon seeds in spring, you \_\_\_\_\_ (eat) fresh watermelon in fall.
6. Daniel's family \_\_\_\_\_ (enjoy) their holiday in Mount Huangshan this time next week.
7. I'm afraid I won't be available. I \_\_\_\_\_ (visit) a librarian at 3 o'clock this afternoon.
8. By the time you arrive home, I \_\_\_\_\_ (sleep), so please don't make any noise.

#### ❷ 语法 + 写作(每小题 4 分, 满分 16 分)

1. I'm sick of rain and the bad weather! Hopefully, when we wake up tomorrow morning, \_\_\_\_\_ (shine) 我受够了雨和坏天气! 希望我们明天早上醒来时, 阳光灿烂。
2. At this time tomorrow morning, our students \_\_\_\_\_ on campus for the celebration of the Adulthood Ceremony.  
明天早上这个时候, 我们的学生将聚集在校园里参加成人典礼。
3. You'll recognize me when you get out of the station. I \_\_\_\_\_.

你出站的时候就会认出我来。我将穿着牛仔裤和白 T 恤衫。

4. Next week, I will be on my winter holiday. My whole family \_\_\_\_\_ from Melbourne on Monday.

下周, 我将放寒假。我全家星期一将从墨尔本飞往北京。

#### ❸ 语篇语法填空(每小题 1.5 分, 满分 15 分)

In the not-too-distant future, we will be living in smart homes that will lock the door and switch off the TV automatically. These smart homes will keep us secure, save us energy, and provide a more comfortable environment 1. \_\_\_\_\_ (live) in.

First, we 2. \_\_\_\_\_ (use) advanced technology every day for automatic control of just about everything in our home. You will no longer have to think about turning switches 3. \_\_\_\_\_ and off yourself. Your home will also learn your 4. \_\_\_\_\_ (day) routine and preferences, so everything will be ready for you when you get home each evening. Your lights will come on 5. \_\_\_\_\_ instant you enter the door along with your favourite music or TV programmes, and you will find your dinner already 6. \_\_\_\_\_ (prepare) for you. In addition, your smart home will be monitoring your health for you every day. If you start to have sleep or weight problems, it will send a 7. \_\_\_\_\_ (warn) to your phone. Smart toilets will be keeping constant track of your health as well. They can warn you early on if there is something 8. \_\_\_\_\_ (normal) or if you have a critical illness. What's more, smart homes will be able to prevent serious damage from accidents.

Many of these new 9. \_\_\_\_\_ (innovate) are already available and being used in some homes. Nevertheless, it will take some

years 10. \_\_\_\_\_ most new homes begin to use this new technology.

### 课后素养提升

#### Ⅳ 完形填空(每小题 1 分,满分 15 分)

[2026·湖北孝感高二期末]

I'd started a new job and decided to say yes to everything I wanted for the next year. My experiment included a broad range of new experiences that I had previously 1 to say yes to—from public speaking opportunities to taking an art class.

In the past, I had many romantic 2 about my future but never put any actual effort into them. Another reason I 3 dreaming to doing was my fear of failure. But through this experiment, I realized that if I didn't 4 I would still fail by not allowing myself to 5.

Plus, I came to appreciate how every 6 helped me to better handle future situations. 7, I once tried to become a project lead. I spent hours researching and 8 my proposal. When I finally got a meeting with the director, I was sure I would be 9. After I gave my 10, the director asked me about our 11 and their products, and I went 12. I had such tunnel vision about our product that I ignored a(n) 13 question I should have been able to easily answer. Needless to say, I did not 14 that project, but I did learn a valuable lesson.

I didn't end up loving everything I agreed to 15, but I discovered many things that I did enjoy. Saying yes led me to lessons that made me more successful in my career and happier overall.

- ( )1. A. managed                      B. determined  
C. hesitated                        D. proceeded  
( )2. A. concepts                        B. ideas  
C. initiatives                         D. memories

- ( )3. A. preferred                      B. compared  
C. adjusted                          D. applied  
( )4. A. make sense                    B. catch sight  
C. pay attention                    D. take action  
( )5. A. move                            B. return  
C. grow                                D. live  
( )6. A. proposal                        B. failure  
C. reason                              D. speech  
( )7. A. Above all                        B. At first  
C. For instance                      D. In addition  
( )8. A. preparing                        B. accepting  
C. understanding                    D. sending  
( )9. A. greeted                          B. invited  
C. found                                D. chosen  
( )10. A. permission                      B. presentation  
C. performance                      D. conclusion  
( )11. A. customers                        B. instructors  
C. members                          D. competitors  
( )12. A. mature                          B. silent  
C. sleepy                                D. calm  
( )13. A. simple                            B. similar  
C. funny                                D. open  
( )14. A. anticipate                      B. deny  
C. land                                  D. review  
( )15. A. try                                B. supply  
C. share                                 D. ask

#### Ⅴ 阅读七选五(每小题 2.5 分,满分 12.5 分)

[2026·江苏常州高级中学高二期末]

People say fortune favours the brave, but taking a leap is easier said than done. 1. \_\_\_\_\_

#### Embrace strategic risk.

One of the biggest misconceptions about risk-taking is that if something feels uncomfortable, it's a sign to back away. But researches have taught us this: 2. \_\_\_\_\_ Ask yourself, "Does this risk match my values? Is it

moving me towards something I care about?" If yes, expect some embarrassment. The biggest payoffs live just past that initial awkward phase.

3. \_\_\_\_\_

Many of us have grown too afraid of taking risks—maybe because one risk made us embarrassed. A good way to feel less scared of risks is to ask yourself: "What's one small thing I can do to get used to not knowing what will happen?" Start with bite-size, winnable risks, like speaking up in a meeting, volunteering for a project slightly outside your wheelhouse.

**Breathe in bravery.**

Breathe out fear. 4. \_\_\_\_\_ In other words, taking a few deep breaths helps regulate anxiety. Another easy way to stretch your risk-taking muscles is by copying someone you admire. Imagine them in your shoes and how they'd approach your challenge. How would they talk, walk or hold themselves? Even standing tall sends a signal to your brain that "you've got this".

**Forgive yourself.**

We all have moments when we don't do the thing that will help us grow. And that's okay! Instead of beating yourself up, forgive yourself because you're human. 5. \_\_\_\_\_ Being kind to yourself may just be the best way to step forward towards a braver version of yourself.

- A. Enjoy small wins.
- B. Our body impacts our mind.
- C. Overcome unexpected fears.
- D. No one is courageous all the time.
- E. Humans always have high expectations.
- F. Bravery and awkwardness are sisters in life.
- G. The following tips will help you outsmart fear.

Ⅵ 语法填空(每小题 1.5 分, 满分 15 分)

[2026·广东深圳高二期末]

On behalf of his hometown team from the Xinjiang Uygur Autonomous Region, Rozimemet Turghun, an 18-year-old teenager whose parents made a living from herding, 1. \_\_\_\_\_ (stand) among more than 4,000 competitors at the second Vocational Skills Competition.

Although he didn't win a medal in the mobile robotics competition, his 2. \_\_\_\_\_ (enthusiastic) never faded. When he was in hometown, he developed a preference for repairing household electronics. Even 3. \_\_\_\_\_ instructions, he was able to repair electronic stuff like lamps and radios. After 4. \_\_\_\_\_ (leave) senior high school, he studied at Aksu Vocational And Technical College.

The chance came last year, 5. \_\_\_\_\_ Zhao Pengfei, vice-dean of the electrical and mechanical engineering department, started organizing a team for a skills competition. Rozimemet Turghun's 6. \_\_\_\_\_ (impress) abilities caught Zhao's eye. He 7. \_\_\_\_\_ (choose) to join the team, and focused on technologies 8. \_\_\_\_\_ (relate) to industrial robot applications. The competition was 9. \_\_\_\_\_ (obvious) a challenge for someone with little experience with computers. Rozimemet Turghun acquired the skills, memorized the position of each part and practised each step, day and night.

One month later, he and his teammate won a bronze during the Xinjiang tryout for the second Vocational Skills Competition. They surprised everyone by completing a mobile robot in just 2 hours and 12 minutes, 10. \_\_\_\_\_ achievement that would have been beyond his wildest dreams. He hoped to sharpen his skills and step onto even broader stages.

## Period Three Developing ideas

### 课内基础巩固

#### ❶ 单词拼写(每小题 1 分, 满分 5 分)

1. The lion \_\_\_\_\_ (咀嚼) its prey slowly after a successful hunt in the wild region.
2. I find it very \_\_\_\_\_ (令人厌烦的) to do the same job day after day, so I want to make a change.
3. He \_\_\_\_\_ (珍惜) the colourful necktie his daughter gave him as a Father's Day gift.
4. We found ancient art m\_\_\_\_\_ in an old box hidden behind the broken wall of the old house.
5. Her daily r\_\_\_\_\_ includes a morning commute to work that takes approximately 45 minutes by train.

#### ❷ 单句填空(每小题 1.5 分, 满分 12 分)

1. He saw no \_\_\_\_\_ (evident) of steady economic growth, which worried him.
2. He has a delicate \_\_\_\_\_ (digest) and cannot eat oily food.
3. They worked together \_\_\_\_\_ (intimate), sharing ideas on every project to achieve outstanding results.
4. Our oceans are full of plastic waste, and some animals end up \_\_\_\_\_ (swallow) the plastic and dying.
5. There is no denying that Leslie Nielsen's \_\_\_\_\_ (devote) to acting is wonderfully inspiring.
6. The dumplings were filled with \_\_\_\_\_ (vary) fillings, such as pork, shrimp, and vegetables.
7. If you ignore all basic traffic rules, you will face the terrible \_\_\_\_\_ (consequent) of endangering yourself and others.

8. The \_\_\_\_\_ (politics) debate covered diverse topics, from health care to economic policies.

#### ❸ 短语填空(每小题 2 分, 满分 12 分)

1. He \_\_\_\_\_ (成功) getting his plan approved although he met with a great many difficulties.
2. I \_\_\_\_\_ (把……搁置一边) my phone and focused on my study to prepare for the important exam next week.
3. I \_\_\_\_\_ (投身于) this cause for many years and I am pleased that my commitment is paying off.
4. He was caught \_\_\_\_\_ (正在) stealing a car, which made his parents disheartened.
5. He saw \_\_\_\_\_ (一瞥) that she'd been crying, so he went ahead to comfort her.
6. It is very important to have a dictionary \_\_\_\_\_ (近在咫尺) when you are learning English.

#### ❹ 句型训练(每小题 4 分, 满分 12 分)

1. We \_\_\_\_\_ for Monday morning, so make sure to come on time and bring your textbooks. (have)  
我们的课安排在周一上午, 所以请准时参加并带上课本。
2. We stopped for the post; that was \_\_\_\_\_ . (表语从句)  
我们停下来等邮件, 那就是我们开会迟到的原因。
3. \_\_\_\_\_ , we can complete them through steady progress by taking persistent action. (tough)  
无论面临多么艰巨的任务, 我们都能通过坚持不懈的行动, 稳步前进, 完成任务。

Ⅶ 阅读理解(每小题 2.5 分,满分 20 分)

A [2026·河北承德名校协作体高二期末]

When Savannah Penven walks through the galleries at the Centre for the Arts, she often stops to adjust the lights or carefully hang a painting. In these quiet moments, she is reminded of a time when she stood there not as a staff member, but as a nervous teenager seeing her own artwork on the wall for the first time.

Back in 2014, Penven was a 10th grade student. One of her artworks was chosen for the centre's first "Young Artists" exhibition. At that time, she did not fully understand the meaning of being shown in a professional gallery. However, when she saw her painted boot displayed in a central position, everything changed. For the first time, she felt that her effort and creativity were truly recognized. That moment made her believe in herself and realize that art could be more than a school assignment.

More than ten years later, Penven has returned to the same gallery in a very different role. She is now the programme manager of the exhibitions. Having once benefited from such an opportunity herself, she now hopes to offer the same sense of value and encouragement to other young artists.

In her current role, Penven manages exhibitions, works with artists, and organizes events. While much of the job involves planning and paperwork, what matters most to her is building connections. She believes that spending time with art—whether students love

it or question it—can leave a lasting impression. She also works closely with students, helping them gain practical skills and confidence.

One project especially important to her is the latest "Young Artists" exhibition, with the theme of "dreamscapes". Featuring works by high school students, the show allows them to see their creations displayed professionally, often for the first time. For Penven, it is more than an event. It is a chance to remind young people that their voices matter and that creativity deserves to be taken seriously.

- ( ) 1. How did the 2014 exhibition experience affect Penven?
- A. It gave her a confidence boost.  
B. It brought her public attention.  
C. It improved her drawing skills.  
D. It changed her attitude to success.
- ( ) 2. What mainly motivates Penven in her current role?
- A. Managing exhibitions efficiently.  
B. Supporting young artists' growth.  
C. Promoting modern art standards.  
D. Expanding the gallery's influence.
- ( ) 3. What is the deeper value of the latest "Young Artists" exhibition?
- A. Offering expert guidance.  
B. Encouraging artistic competition.  
C. Recognizing students' creativity.  
D. Training future art professionals.
- ( ) 4. Which words can best describe Penven?
- A. Devoted and humorous.  
B. Honest and ambitious.  
C. Reliable and demanding.  
D. Inspirational and responsible.

**B** [2025·江苏徐州高二期末]

A primary school in North Devon with a brand-new mud play area hit the headlines last week.

“We felt that our children needed something better at playtime,” said the head teacher, Amy Frost. “The playground before was pristine (整洁的) but there was nothing for them to do. As schools, we have been fearful of allowing our children to take risks. Children don’t learn what risk is and how to manage risk.” To change this, the school designed different zones for climbing and muddy play.

Frost said there had been a few comments from people who found it “difficult to adjust”, but parents were greatly supportive. “My son is caked in mud but he’s having fun!” one parent commented. Another said, “We’d rather do extra laundry and see them thrive (茁壮成长).”

Children today have less access to unstructured outdoor play than past generations did. Helen Dodd, a professor of child psychology at the University of Exeter, said, “The decline in children getting muddy is part of our risk aversion (风险规避). We want to keep children safe, so we stop children from doing the things that children naturally do. If we want to give children space to connect with nature, they need to do that in an unrestricted way, and a consequence is that they might get muddy.”

There’s also research about the benefits of being in contact with mud, just in terms of the biology of what’s in the mud, and how it affects our immune system. Also, in terms of sensory things, lots of children now have sensory

difficulties. They don’t like the feel of different things, which might come from being kept overly clean.

Children had never before seen so much and experienced so little, said Follett. “All of their experiences are secondary, through screens shut in bedrooms. What they’re lacking is the real primary experience—touching, feeling and practising. You know that feeling of squeezing a handful of mud, and it leaking out through your fingers?”

- ( ) 5. Why was a mud play area built in the primary school?
- A. To hit the headlines of the newspaper.  
B. To satisfy the parents’ needs.  
C. To teach children to learn about risks.  
D. To upgrade school facilities.
- ( ) 6. What prevents children’s outdoor play?
- A. Excessive concern.  
B. School regulation.  
C. The behaviour code.  
D. The generation gap.
- ( ) 7. What do we know about mud play?
- A. It may enhance the immune system.  
B. It leads to sensory difficulties.  
C. It has become more popular.  
D. It can cause severe consequences.
- ( ) 8. What’s the passage mainly about?
- A. How parents become so positive.  
B. Why children experience so less.  
C. How connection with nature could be built.  
D. Why kids should be allowed to play in mud.

班级

姓名

题号

答案区

阅读理解

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## Period Four Writing

### ① 阅读理解(每小题 2.5 分,满分 20 分)

A [2025·浙江杭州高二期末]

In 2013, Deegan was trying to take control of her life after winning the fight against drinking. She did quit, but she was having difficulty reconnecting with people. Even looking someone in the eye proved to be difficult. “I was sort of like a shell of a person and just didn’t really have many life skills or self-confidence,” Deegan said.

However, baking was something that always brought her joy as a child. One day while helping out in the neighbourhood, Deegan picked up a handheld mixer and started baking. “My life was just out of control, but baking is such a controlled thing, where if you take the right steps and follow the directions, you’ll get a pretty exact result,” she said.

Deegan started bringing her homemade baked cookies to people’s homes, which helped her reconnect with people. “Feeding people is such a universal love language,” she said. However, she was still trying to figure out how to find a career at 27 years old. She had no real work experience and she couldn’t put “quit drinking” on her résumé.

Deegan’s life shifted in 2015. Encouraged by her friends, she challenged herself to see if she could sell just one pie. She sold dozens! She began baking out of her tiny apartment and eventually launched an official business in 2017. She spent four years developing a pie crust cookie recipe, which has since become the bread and butter of her business. “People have been walking, running and lining up to get

cookies, and it’s just been so magical seeing that,” she said.

When she needs more help, Deegan says she looks for anyone who is just excited to work, even if they don’t have any experience. After her own struggle, she realized that the desire to work was better than having a certain skill set. And she became a second-chance employer, hiring women out of prison or the shelter system. “You just have to walk through the door and be ready, willing and able and excited to show up and work and you’ve got a job,” Deegan told the reporter.

- ( ) 1. What was Deegan mainly struggling with in 2013?
- A. Emotion management.  
B. Interpersonal relationship.  
C. Work-life balance.  
D. Alcohol addiction.
- ( ) 2. What led to Deegan’s decision to start a baking business?
- A. Receiving encouragement from friends.  
B. Seeing people running to get cookies.  
C. Working previously in the baking industry.  
D. Wanting desperately to gain total control.
- ( ) 3. What makes Deegan’s hiring approach unique?
- A. She values employees who love baking.  
B. She offers training to inexperienced workers.  
C. She hires people eager to work despite their past.  
D. She prioritizes creativity over qualifications.

- ( )4. What can be a suitable title for this text?
- A. Overcoming addiction: a new beginning of life
- B. From struggle to success: a story of rebuilding life
- C. Pie crust cookies: the key to success
- D. The art of baking: turning life around

**B** [2026·江苏徐州高二期末]

Many programmes claim to boost happiness, like daily meditation (冥想) or 12-week gratitude diary. These activities from positive psychology do work, but most people are too busy to keep up with them. What if finding more happiness did not require a major time commitment or a big lifestyle change? What if it could come from simple, brief actions such as texting a genuine “thank you” to a colleague, asking a friend to share something that made them feel proud or looking at the sky’s vastness with wonder?

Inspired by the 2021 film *Mission : Joy*, researchers created a free, globally available online resource called the Big Joy Project. This free online programme sends daily 5-10-minute micro acts to people worldwide. Examples include listening to a 42-second laughter clip or writing a gratitude list. Over 100,000 people from over 200 countries have joined, completing more than 400,000 micro acts. Studies show amazing results: after just one week, participants felt happier, less stressed, and even slept better. The benefits were for everyone—even people with financial struggles or lower education. The project also made people more willing to help others.

Why do these small acts work? We think it’s because they boost positive emotions, inspire feelings of connection, and help people

feel more aligned with what brings them meaning and purpose. Indeed, many of these behaviours—practising gratitude and being more sociable, for instance—have been well studied for years and found to be beneficial to the doer or giver. Also, they make people feel in control of their happiness, not just waiting for good things to happen.

In a world full of loneliness and burnout, micro acts are powerful. They prove that simple, daily micro acts can ratchet up happiness in a more empowering way. While more research is needed, the Big Joy Project shows that anyone can feel happier with simple, daily acts.

- ( )5. Why does the author raise two questions in Paragraph 1?
- A. To exhibit some examples.
- B. To display mental activities.
- C. To show research direction.
- D. To question previous programmes.
- ( )6. What is a result of the Big Joy Project?
- A. People rid themselves of all sleep problems.
- B. People with lower education got more help.
- C. People had their financial problems solved.
- D. People were happier and willing to help others.
- ( )7. What does the underlined phrase “ratchet up” mean in the last paragraph?
- A. Increase.      B. Create.
- C. Affect.        D. Spread.
- ( )8. What’s the best title of the passage?
- A. Small acts, big joy
- B. More commitment, more joy
- C. Simple changes, huge gains
- D. More attention, greater happiness

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## II 写作

### 第一节 应用文写作(满分 15 分)

[2026·河北保定高二期末]

经过一个学期的劳作,你班的试验田项目已圆满结束。请在班级墙报的英语角写一篇英语短文,内容包括:

1. 简述班级试验田取得的主要成果(作物收获、观察发现等);
  2. 分享你的个人感受。
- 注意:写作词数应为 80 个左右。

#### **Our class garden: a journey of growth**

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### 第二节 读后续写(满分 25 分)

[2026·安徽阜阳高二期末]

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

One sunny afternoon, 8-year-old Leo was running after a colourful butterfly around the neighbourhood. He laughed as he ran faster, his eyes fixed on the moving wings. He was so caught up in the game that he didn't notice where he was going. Near the neighbour's yard, he tripped over a small stone and crashed right into Mrs Lee's potted sunflowers—her favourite ones.

The pot broke into pieces, and soil spread all over the path. Leo froze, his laughter gone in a second. Mrs Lee was always so nice to him—she'd even given him a tiny sunflower plant last spring. He knelt down and tried to put the flowers and soil back into the broken pot, but only made it worse and got his hands all dirty.

He was so scared he'd ruined her hard work that he stepped back, his heart beating fast. He looked at her door, half hoping she hadn't seen it and half wishing she would come out so he could say sorry right away. However, scared of what Mrs Lee might say, he turned and ran home as fast as he could. When he pushed open the door, he didn't even take off his shoes—he just ran to his room and sat on the bed, hands covering his face.

After a few minutes, his mum Clara knocked softly on his door. “Leo? You're home early, and you ran in so fast. Are you okay?” She eased the door open and saw him sitting with his head down. She walked over and sat next to him, putting a hand on his back. “You look upset. What's wrong, sweetie?” she asked.

Leo took a deep breath and then told his mum what had happened with tears in his eyes. His mum hugged him gently and said, “It's okay to make mistakes, but we need to take responsibility.” She took out a new pot and some fresh soil, and then held Leo's hand. “Let's go and say sorry and fix it together.”

注意:续写词数应为 150 个左右。

#### **Paragraph 1:**

*Leo thought for a while and nodded.* \_\_\_\_\_

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#### **Paragraph 2:**

*To his surprise, Mrs Lee's face softened into a smile.* \_\_\_\_\_

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## ▶ 单元小测

Unit 1

### ❶ 单句填空(每小题 1.5 分, 满分 15 分)

1. The \_\_\_\_\_ (conclude) of the experiment showed that the system remained steady under various conditions.
2. The \_\_\_\_\_ (vary) of plants in the garden attracts many butterflies and bees, making it a lively place throughout the year.
3. Many students elect \_\_\_\_\_ (take) part in extracurricular activities, as it enriches their school life and enhances their social skills.
4. It was \_\_\_\_\_ (evidence) that she had worked hard on her project, as the results showed significant improvement over previous attempts.
5. He made sure to file his taxes \_\_\_\_\_ (legal) to avoid any problems with the authorities later on.
6. Your parents may \_\_\_\_\_ (approve) of your decision to travel abroad during the semester, so it's best to discuss it with them first.
7. One of my \_\_\_\_\_ (memory) childhood experiences was learning to ride a bike with my father in our neighbourhood.
8. Millions of spectators \_\_\_\_\_ (watch) the opening ceremony at seven tomorrow evening.
9. The airline has improved its business model in recent years, so its profits have been \_\_\_\_\_ (steady) increasing.
10. True \_\_\_\_\_ (mature) is not about age but about how you handle mistakes and care for others around you sincerely.

### ❷ 短语填空(每小题 2 分, 满分 12 分)

1. No doubt that whoever has a say on this matter should \_\_\_\_\_ (对……负责任) its consequences.
2. To make the landlord less worried, he \_\_\_\_\_

\_\_\_\_\_ (承诺) to pay the rent on time last night.

3. As a consequence, the man who was not professional was placed \_\_\_\_\_ (管理) the department.
4. Seeing the rising flames, we instantly became \_\_\_\_\_ (意识到) the danger approaching us.
5. Ken was \_\_\_\_\_ (正在做……) paying his bill when Neil came up behind him.
6. Apart from daily life, the librarian \_\_\_\_\_ (留出) some time to play golf once in a while.

### ❸ 句型训练(每小题 4 分, 满分 16 分)

1. If I \_\_\_\_\_, I will make an effort to help others. (enough)  
如果我有幸当选, 我会努力帮助他人。
2. I \_\_\_\_\_ the first time I heard the sweetest voice in the wide world. (强调谓语)  
我确实记得我第一次听到广阔世界上最甜美的声音(时的情景)。
3. Attracted by the beautiful scenery, we \_\_\_\_\_, capturing the precious moment forever. (have)  
被美景所吸引, 我们拍了些照片, 将这宝贵的瞬间永久保存。
4. \_\_\_\_\_, we should attach significance to protecting the environment.  
无论代价如何, 我们都要重视保护环境。

### ❹ 语法填空(每小题 1.5 分, 满分 15 分)

[2025·河北石家庄高二期末]

The government understands the 1. \_\_\_\_\_ (important) of agriculture. It also understands that university graduates can help come up with better ways to grow crops, and develop new, creative ways of farming using modern technology. To help these young

people 2. \_\_\_\_\_ their bright and innovative ideas, the government is providing 3. \_\_\_\_\_ (finance) help. Business development loans are becoming 4. \_\_\_\_\_ (easy) for these young people to obtain, too. In addition, now government policies 5. \_\_\_\_\_ (have) a beneficial effect.

“Life in big cities is not all it’s cracked up to be,” said Zhang Tao, from Binchuan County in Yunnan Province, 6. \_\_\_\_\_ (add) that the air was bad, transport was terrible, and that 7. \_\_\_\_\_ was hard to make a decent living. What life in one’s hometown offers is a strong support network. More importantly, this network is also 8. \_\_\_\_\_ good one for getting new agribusinesses up and running quite 9. \_\_\_\_\_ (quick). Thus, it is no surprise that more new graduates are now attracted to life in the country, 10. \_\_\_\_\_ they can fulfil personal goals and contribute to their local communities rather than just being white-collar professionals in big cities.

**Ⅶ 阅读理解**(每小题 2.5 分, 满分 10 分)

[2025·广东深圳高二期末]

When I stepped into my sister’s house, I could feel the tension among the family members. My nephew was complaining that current allowances are insufficient to cover his expenses and questioning why he cannot be trusted. Financial literacy (素养) is a totally new word to his parents and, in their mind, parents are supposed to be extremely tight on kids’ money.

As raised in a traditional way, we are constantly told to spend a fixed amount of money in a particular period, with everything arranged. The lack of financial literacy among teens is mainly due to the fear of losing control, which has overshadowed the importance of introducing genuine ideas that can promote independence and responsibility tied to financial autonomy. This mindset implies that if you just

follow the parents’ plan, seemingly you succeed in managing your money.

Having financial literacy, however, has more benefits than expected. At best, teens with self-discipline would appreciate the trust and make informed financial decisions. Even at worst, the cost of making mistakes in teenage years is relatively low and admitting the mistakes honestly may open the door to some constructive feedback and financial tips.

True financial literacy isn’t simply about carrying out a strict or loose strategy on spending but teaching teenagers to differentiate between necessity and desire, and making wise choices. But managed properly, both bread and Air Jordan shoes can be obtained. With Air Jordan shoes ahead, the difficulty in making and saving money makes us appreciate the value of efforts. Budgeting, planning for your expenses, helps you make decisions of consequence and resist temptations.

Once teens demonstrate responsible management of cash-based expenses, it is time to consider upgrading. However, teens may not be fully equipped to travel in the complex financial landscape without enough supervision and support. After all, financial autonomy comes with responsibilities.

- ( ) 1. What is the function of mentioning the author’s nephew?
- A. To explain a difficult concept.
  - B. To draw a persuasive conclusion.
  - C. To give a reasonable prediction.
  - D. To present a convincing example.
- ( ) 2. Why do we need financial literacy?
- A. It guarantees more control on money by parents.
  - B. It stresses the necessity of producing genuine ideas.
  - C. It helps generate independence and responsibility.
  - D. It increases the risk of having an unaffordable debt.

- ( )3. Which pair is similar to bread and Air Jordan shoes?
- A. Tasty dumplings and cheap stationery.  
 B. Instant noodles and all-star game tickets.  
 C. Worn-out jeans and plain basketball caps.  
 D. Latest electronic devices and rare goods.
- ( )4. What is the purpose of the passage?
- A. To motivate teens to have financial literacy skills.  
 B. To tell reasons why teens fail to manage their finance.  
 C. To teach teens how to spend money reasonably and wisely.  
 D. To analyse the pros and cons of having financial autonomy.

Ⅶ 完形填空(每小题1分,满分15分)

[2026·四川南充高二期末]

“So why are you back?” I was repeatedly asked this question after 1 to Singapore from Princeton University in America to be a summer trainee reporter.

Coming back home felt like both 2 and failure. I was glad to get the job I wanted, but I felt a little 3 at the thought of many others in my year setting off across the world.

Nevertheless, I 4 myself that Princeton didn't just teach me to see possibilities but to 5 them. I began looking at home with curiosity. I took my 6 out daily, capturing images of leaders and ordinary people. Once, I was arranged to 7 the regular weekly meeting at the city hall, when the fire alarm suddenly went off. I rushed to the fire 8, photographing firefighters and victims. The job of a journalist is often contrary to human 9: to run towards the scary site.

Another time, I 10 a distant island to find a story. People there live in village-style

houses opposite to the city life. As I talked to the locals, they 11 their different growing up stories and various customs. I found myself reflecting on the 12 in such a tiny island. I didn't have to travel far to open my mind. This experience 13 the belief I formed at Princeton: know your goal, and pursue it 14.

I'm grateful to have gone and come back with new 15. I may be back, but I'm not back as the person I was.

- ( )1. A. escaping                      B. travelling  
    C. returning                              D. migrating
- ( )2. A. respect                            B. opportunity  
    C. obstacle                                D. adventure
- ( )3. A. thrilled                            B. tricked  
    C. inspired                                D. trapped
- ( )4. A. convinced                        B. warned  
    C. urged                                    D. promised
- ( )5. A. imagine                            B. narrow  
    C. realize                                    D. reserve
- ( )6. A. notebook                        B. camera  
    C. newspaper                              D. marker
- ( )7. A. cancel                              B. host  
    C. cover                                    D. interrupt
- ( )8. A. scene                                B. department  
    C. drill                                      D. alarm
- ( )9. A. spirit                                 B. history  
    C. value                                    D. nature
- ( )10. A. headed to                        B. settled in  
    C. passed by                                D. departed from
- ( )11. A. composed                        B. adapted  
    C. confirmed                                D. shared
- ( )12. A. security                            B. popularity  
    C. similarity                                D. diversity
- ( )13. A. employed                        B. deepened  
    C. shook                                    D. abandoned
- ( )14. A. anxiously                        B. cautiously  
    C. bravely                                    D. modestly
- ( )15. A. habits                                B. insights  
    C. amusements                              D. assignments

班级

姓名

题号 答题区

阅读理解

1

2

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4

完形填空

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